

Introduction

You have been asked by John, your Youth Leader, to produce a short presentation to a group of teenagers about the benefits of getting fit and to encourage them to take more exercise. You have been given some data about the number of calories burnt by playing different sports and you need to use this information to produce a relevant chart or graph. You have to include the chart or graph, an image and some relevant information in your presentation.

You have found out more information about the benefits of getting fit in Part A of the assessment and you will use this information in the presentation.

Task 2 Planning and Research

- Open the **Planningtext** document and complete the Planning Section using the information you have been given. Keep this document open as you will use it throughout the tasks in this paper. Save your work regularly so that you do not lose it. (4)
- Find an image and some text relevant to the presentation task set and save in your saved work folder to use in your presentation. (3)
- Bookmark the web pages used and take a screen print of your bookmarks. Paste this into the **Planningtext** file in the research section. (1)

What tasks do I have to do?	
What software will I use?	
What information do I need?	
What sorts of things do I need to consider when I am finding the information?	
Why do I need to consider them?	

